

## **Cliffview Assisted Living Frequently Asked Questions**

### **What is assisted living?**

Assisted living is very different from a nursing home and they are considered a nursing home alternative. Residents are able to direct the planning of their daily activities according to their own interests and needs. Although they may need some assistance with dressing, bathing or other personal activities, they retain their dignity and independence. Resident centered plans of care are built on strengths and clearly identify how and when assistance is needed. Assisted living residences are licensed by the State Health Department and receive regular assessments of levels of safety, care and services.

### **What is included in the rent payment?**

Basic support services include home-cooked meals, snacks, housekeeping, laundry and activity programming. Medication monitoring or administration is provided according to individual need. Residents must be independently mobile. We will remind residents of meals, activities, personal care, help them get dressed, and help them with their showers. Please see the Consumer Information Sheet for more details.

### **How much is the rent?**

Effective May 1, 2024, room, board and services base rates for private rooms with a private bath are \$3,865/month and for the larger room for a couple is \$3,325 per person/month. These amounts include all of our base rate services. Additional levels are available for additional fees. We accept Private Pay and Medicaid Approved Waivers. If you qualify for Medicaid waiver your rent is determined by your income. See the Rate Sheet and Guide to get help from Medicaid to pay for AL for details.

### **Does Medicare pay for assisted living?**

No, Medicare does not pay for assisted living services. Assisted Living is either private pay by the resident or family or by the Colorado Medicaid Waiver program although residents are still responsible for their portion of the room and board. Long term care policies are becoming more common and can help pay for assisted living. Medicaid is a State program for those residents who financially and functionally qualify.

### **Is Veteran's Assistance available?**

Veteran's Assistance may be available for veterans and their spouses living in an assisted living community. To qualify, a resident must have been honorably discharged and served 90 days on active duty with at least one of those days served during wartime. For more information, call the Veterans Hotline toll free number 1-

800-252-8387. For more information visit the VA Aid & Attendance information on the resource center tab of our website.

**What kinds of support services are offered?**

Support services such as home health nurses, physical therapists, occupational therapists, hospice services and counseling are coordinated in an atmosphere that promotes a personal sense of safety and well-being. Your personal physician and you decide which services are appropriate and we will make the arrangements.

**What types of accommodations do you have?**

All of our 24 rooms are private and lockable and they can differ in size. All have private bathrooms. You can get on the waiting list. Common areas are available for socialization, activities, and visiting with family and friends. Cable is available in the all the rooms.

**How many residents do you have?**

We have 24 residents. That number may vary if we have any vacancies.

**What types of activities do you offer?**

We have regular exercise classes, current events, bingo, bible class, reminisce discussions, crafts, movies, picnics, outings, music programs, drawing, painting, singing, games, special events, and anything else that anyone wants to do! Regular bus outings are scheduled out into the community and immediate area.

**Can I get help with medication administration?**

Qualified medication administration personnel may administer or assist the resident in administration of medication according to the care plan and doctor's orders. All QMAP staff shall pass the CO State required training program prior to providing medication administration or assistance.

**What is the age range for living here?**

Generally we accept residents age **70 or older** but our Administrator can certainly evaluate resident applications on a case by case basis.

**What kinds of things do you look for in a background check?**

There is also information in our tour packets and on our website.

**Are any of my expenses tax deductible?**

Some or all of your personal care expenses or assisted living expenses may be tax deductible as medical expenses if you and/or your family meet certain criteria. For more information, see IRS publication 502 available at [www.irs.gov](http://www.irs.gov) or by calling 1-800-829-3676.

**May I bring my own furniture?**

Certainly! Depending on the size of your room, you may decorate it with your own furniture and pictures according to house rules. We also have a limited supply of twin beds, lamps, chair, bedside table and dressers available if you wish to use them.

**May I come and go as I please?**

Yes. All we ask is that you let us know by signing out when you leave the building.

**When are mealtimes?**

Breakfast is served from 7:30 a.m. to 9:30 a.m. Lunch is at noon, and supper is at 5:00 p.m. Snacks are available twenty-four hours a day!

**May I have guests for meals?**

Yes, family and friends are welcome to join you, because this is your home and inviting family to dinner is one of life's enduring pleasures. The cost of the of guest meals is \$3.00 per guest.

**Do you provide transportation?**

We have a van that can be used to transport our residents to the doctor or to any store in Kremmling. Grand County has a wonderful senior bus service and is gracious to allow us to use their spacious, wheelchair-accessible van for outings.

**Do we accept pets?**

We accept service and companion animals, and pets. The resident has to be capable of taking care of the animal. We have accepted dogs, cats, and birds. Arrangements need to be made with the Administrator.

**Can I smoke?**

There is no smoking allowed in your room or any other location inside the building. You may smoke outdoors at our designated smoking areas.

**What are house rules?**

These rules should address at a minimum smoking, cooking, protection of valuables on premises, visitors, telephone usage, use of common areas including the TV and radio, consumption of alcohol, dress, and pets.

**Probably the *most* frequently asked question:**

**What criteria are used to determine a prospective resident's eligibility?**

Because we are *not* a nursing home, a certain level of independence is necessary. Residents must be able to ambulate, whether with a cane, walker or wheelchair. If in a wheelchair, they must be able to transfer to the bed and toilet independently. If incontinent, they must be able to manage their incontinence products.

Of course, every person is different, and we evaluate everyone individually. We realize how much people value their independence. Residents will receive assistance and care that allows them to retain a sense of independence and a lifestyle that is uniquely their own. Please see the Consumer Information Statement for more details.

**How do I find a list of licensed assisted living residences and alternative care facilities (accept Medicaid waivers)?**

Go to the State Department of Health website below

<http://www.cdphe.state.co.us/hf/alr/index.html>

You will also find inspection and occurrence findings, a directory, licensing and Medicaid certification regulations and additional consumer resources such as how to choose an assisted living.

or go to the Department of Human Services website below to find out about services by county, and apply for Medicaid benefits on line.

<http://www.colorado.gov/cs/Satellite/CDHS-Main/CBON/1251575083520>